

Daily monitoring of personal health during the COVID-19 pandemic

Evaluate your health each day prior to returning to campus activities. If you feel ill, take your temperature, and note any symptoms you are experiencing. Be aware if anyone in your household has an illness or is experiencing symptoms. Contact your supervisor or instructor before coming onsite if you have any concerns.

Should you return to work, class or other activities on campus?

1. Is your temperature $\geq 100.4^{\circ}\text{F}$?
2. Are you experiencing cough, shortness of breath or difficulty breathing?
3. Are you experiencing chills, fatigue, muscle or body headaches, sore throat, or new loss of taste or smell, congestion or runny nose, nausea or vomiting, diarrhea?
4. Are any members of your household or persons you are in close contact with sick with COVID-19 or unknown respiratory illness?

ANY YES?	NO
Stay at Home: Contact Supervisor or Instructor*	OK to Return to Campus Activities

* Contact your Primary care provider to determine if you should be tested. Students can contact McKinley Health Center. [Campus COVID Testing sites](#) and [State community-based testing sites](#) are available.

